Connecting leadership with self awareness, and relationship management

The ability to understand and apply the principles of emotional intelligence to workplace success is vital. These core social skills and behaviours are integral towards motivating, engaging and leading others effectively.

Discover how to integrate these behaviours into your personal leadership style, recognise and better understand the impact you have on others and be the best leader you can be.

Designed for current and future leaders seeking to further develop their behavioural flexibility by reading their audience and adapting their approach.

Themes:
— Self and social awareness
— Emotional intelligence and leadership
— Behaviours that limit potential
— Assertive Communication
— Resilience
— Wellness

“I attended the Leading from Within Program expecting a standard work-related course, and I couldn’t have been more wrong. This unique program is a truly interactive learning experience and I recommend it to anyone ready to challenge their perceptions of leadership. I returned to work equipped to actually apply what I had learnt as it was so relevant and applicable to real life situations and offered genuine solutions - a brilliant two days!”

Manuela Moseley – Deputy Director, Navy People Career Management Agency - Department of Defence

Sydney, UNSW CBD Campus, 2 Days (Non-residential) $3,575 (incl. GST)

This program will earn you two units towards the Certificate in Executive and Management Development (CEMD)

Unit points towards your CEMD certification
Available for in-house delivery

AGSM Executive Education
Open Programs

Never Stand Still
Business School
LEADING
FROM WITHIN

Outcomes
For the Organisation:
This workshop will improve your organisation’s capability by building and broadening the emotional intelligence competencies required to increase team satisfaction and performance. Your managers will return to work with a solid understanding of self-awareness, self-management and empathy so they can foster highly functioning relationships, motivate others and lead their teams.

For the Individual:
Participants will go on an active journey towards developing the skills and mindsets to:
— Increase self-awareness, emotional resilience and learning agility
— Understand, adapt and improve impact and presence
— Tune-in, listen and empathise with others
— Recognise and manage disempowering behaviours
— Identify and respond effectively to emotional cues in self and others
— Implement tools and adopt new practices based on a personal action plan and supported by a post-program coaching session

The Program Experience:
This is a highly interactive program involving practical individual skill-building exercises, reflection techniques, experiential group learning activities, personal coaching and video playback.

Post-program, participants have the opportunity to have a 1:1 coaching session to further assist with transferring newly acquired skills into the workplace and work through individual areas for development.

Program Director:
Denise Weinreis is a specialist in coaching executives and project teams to enhance personal energy, leadership and teamwork. For the past 15 years, Denise has worked as a trainer and coach in a range of industries including aviation, construction, engineering, health services and manufacturing.

Presenter:
Peter Fisher draws on the fundamental methodologies of an actor’s training to design innovative and highly interactive sessions with a strong focus on behavioural issues related to leadership and personal development. Peter has earned a reputation as an energetic facilitator and designer of unique purpose built learning environments.

To find out more
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